



PIRONGIA TRAIL RUN RACE RULES

SAFETY WAIVER

By entering the Pirongia Trail Run, you are agreeing to adhere to the race rules and safety waiver below:

1. Each entrant agrees that participation in the PTR is at their own risk and takes full responsibility for their health and safety during the event. Furthermore, they assume all risk of personal injury, and damage or loss of property.
2. Each entrant agrees and accepts that trail running carries the possibility of injury, illness and in extreme cases, death.
3. Each entrant consents to receiving medical treatment by event medical staff for illness or injuries suffered during or immediately after the event.
4. Each entrant agrees and acknowledges the possible risks associated with participating in the Event. These risks can include and are not limited to: terrain risks (loose rock and vegetation, slippery and muddy tracks, log fall, falling rocks, height and exposed sections) weather risks (hypothermia, hyperthermia, sunburn, sunstroke, storms) competitor and general public risks and moving vehicle risks.
5. Each entrant agrees that they are fit and capable of participating in their chosen event.
6. Each entrant acknowledges that event staff have medical personnel and marshals dispersed at various locations along the course, however due to the remoteness of some sections of the course, it may take some time for medical personnel to reach them.
7. Each entrant agrees to carry all required compulsory equipment and are to be self-sufficient for the duration of their event.
8. Each entrant agrees to follow written and verbal rules set out by the event staff.
9. Each entrant agrees to follow the marked course and follow all marshal instruction should a change of course be necessary.
10. Each entrant agrees to follow the 'leave no trace' principles; plan ahead and prepare, travel and camp on durable surfaces, dispose of waste properly, leave what you find, minimise the effects of fire, respect wildlife and farm animals, be considerate of others.

11. Each entrant agrees that in the event of a withdraw from the race, they are required immediately to inform event staff. Failure to do so may result in a search being carried out and the entrant will be liable to cover costs of the search.
12. Each entrant agrees to participate in the Event's drug and alcohol-free policy.
13. Each entrant agrees that their email address will be added to the Event's database and will be emailed associated information relating to the Event. The entrant may unsubscribe at any given time.
14. Each entrant agrees to allow officials and sponsors the use of entrant's name and image to be used in media for the promotion of the Event without monetary compensation.
15. Each entrant agrees to conduct themselves in proper sportsmanship, failure to do so, or misconduct may result in disqualification without refund.
16. Each entrant agrees that in the event of an 'act of God', or a situation out of the hands of event staff, that the Event may be cancelled and no refund be given.
17. Each entrant agrees and acknowledges that to the extent permissible by law, event staff (including all officials and event volunteers), the sponsors and other parties associated with the Event, have no liability to me whatsoever for any direct or indirect loss, (including, but not limited to injury or death) sustained by me during or in any way related to my participation in the Event.